

# 7 Reasons Why Daily Bible Reading Matters

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I'm not a legalist. I don't think our spiritual disciplines ought to be just "checked boxes" so we say we've done them like any good Christian would do. On the other hand, I do think we should be reading the Bible every day. Here's why:

1. **We need nourishment every day.** The Word of God is "sweeter than honey dripping from the honeycomb" (Ps 19:10), and we need its nutrition every day. Yesterday's reading is not always enough to carry us through another day.
2. **The enemy attacks us every day.** He doesn't say to us, "You know, you haven't read the Bible today, so I'll back off since you don't have the sword of the Spirit ready." He's not that nice—so we need to be wielding the sword (Eph 6:17) every day.
3. **We need to put ourselves under God's teachings every day.** Every day will bring new challenges, new temptations, and new threats to God's Word and His standards. It's far too easy to listen to the clamor of the world when we've not put ourselves in a position to hear the Lord's voice that day.
4. **Temptations return every day.** Jesus spoke the Word when the devil tempted Him on the mountain, and the devil left him for a while (Luke 4:1-13). Temptation often hits us unexpectedly, and we're seldom thinking about reading the Bible at that moment. We should be daily reading to be ready for any temptation—as it's by knowing and obeying the Word that a young man keeps his way pure (Ps 119:9).
5. **We're different today than we were yesterday.** You might question whether that's the case, but all of us change and grow in different ways each day. That means that a teaching of the Scripture that may not have caught our attention yesterday somehow drives us to our knees today. The Spirit of God knows when we have ears to hear.
6. **Daily reading is an indication of our love and dependence on God.** That's what spiritual disciplines are a cry for relationship with God and a confession of our dependence on Him. When we read the Word, we're saying, "God, I love you enough that I want to hear from You, and I need You so much that I *must* hear from You." Our hearts ought to reverberate with those words every day.
7. **The Word is our way to counter the ongoing, incessant voices of the world.** Let's face it—it's hard to find a quiet place where we don't see and hear the world's ways. It's almost as if temptation stares us in the face the moment, we wake up...every day...all the time. The best way to counter those voices is to let the Word truly be "a lamp for my feet and a light on my path" (Ps 119:105). Our feet need that guidance every day.

If reading the Word daily has made a difference in your life, tell someone how to do it to. Share the details about your strategy for reading daily. Let's encourage each other to read the Bible every day. God is smiling!