

10 Ways to Inspire Your Team

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- 1. Keep remote people healthy and engaged.**
 - With the skyrocketing statistics of 92% of professionals experiencing feelings of burnout or fading fast, addressing emotional balance needs is crucial.
 - Note: Our Full Potential program provides resilience skills and life balance tactics. We provide our Energy Assessment as a great resource to set new goals for emotional health and balance.
- 2. Have team members share their 10-minute stories.**
 - *Where were they born and raised?*
 - *How many siblings and where did they fall?*
 - Something unique or challenging about their childhood.
 - One dream and aspiration they have for their life.
- 3. Ask about flow.**
 - *What do they most enjoy about their work?*
 - *Where do they travel?*
- 4. Recognize small victories.**
 - Each week, start a virtual meeting with a high or victory. It creates positive energy and momentum.
- 5. Have the team state your organization's vision in 3 statements or less.**
 - Remember, if they can't put it on the back of a business card, it needs to be simplified and remembered.
- 6. Give weekly updates.**
 - Weekly updates generate a tremendous sense of transparency and trust.
 - Keep people in the loop.
- 7. Encourage one unsolicited act of kindness each week.**
 - Chris Hadfield, Commander of the International Space Station, had only one unwritten rule with his crew. Each crew member had to do one unsolicited act of kindness for every member of the crew every single day for five months.
 - Result: Their mission was wildly successful from both a scientific and cohesive team perspective.
 - Action: Ask team members to start providing one unsolicited act of kindness each week to at least one team member.
- 8. Define WOW.**
 - *Does every employee have a 100% clear focus on the customer?*
 - Define what an extraordinary experience means to your customer.
 - Start sharing "wow" stories.
- 9. Go for 3 wins of the day.**
 - Each day, start asking for your team's 3 wins of the day in advance.
- 10. Start saying YES!**
 - Too many times, we shut down good ideas. Start saying "yes"—invite and start trying good ideas.

Inspiring teams take only a little time and energy— and also a willingness to try on some new team behaviors and practices. Select two of these ideas to implement this week.